

# FREEDOM MINISTRIES

## CLASS DESCRIPTIONS

### Foundations of Kingdom Living Classes

These five classes are designed to set the stage for you to begin the Journey to Freedom. Each class provides a part of a larger picture which will deepen your experience of freedom as well as help you to maintain a life of freedom over time. The topical classes are all tied to elements of these foundations and help address specific areas of bondage.

**A Kingdom Parable:** Sometimes familiarity robs us of the depth and richness of the truth that sets us free. Join us as we use a parable to help you think differently about Jesus and His work in your life. This class is designed to set up the rest of the “Foundations of Kingdom Living” classes by illuminating the story of the gospel in a deeply personal way.

**Levels of Change:** This class is designed to help identify and avoid the traps common to man’s attempts to change his own life. Even more important, this class explains God’s provision and strategy for changing your life from the inside out.

**The Kingdom of Heaven:** This class is designed to help you understand the message of Jesus and the reason His message carried so much power to transform people’s lives. This helpful understanding of Jesus’ message will also help bring power into the middle of your circumstances.

**Hearing God:** God wants to speak to each of us personally, and the Bible makes it clear that we can hear Him. Why does God want to speak, and what is really happening when He does? This class is intended to help you recognize His voice and receive the full impact of communication from the Creator of the universe.

**Life in the Kingdom:** Life in a heavenly kingdom is qualitatively different than life in an earthly kingdom. This class is designed to help you learn the weapons of warfare as we learn to live differently. In this class, we discuss the ways that our responses to God help us to receive all He has to offer us.

### Topical Classes

These topical classes are designed to address the struggles and strongholds which often restrain us. Each session is designed to provide a biblical understanding of the topic area and an opportunity for response. Ministry teams are available at these classes to help participants work through any difficulties or to agree in prayer for release from bondage. A schedule of these classes is available at class time and can also be found at [freedom.gatewaypeople.com](http://freedom.gatewaypeople.com).

**Freedom from Anger:** Anger isn’t inherently sinful, but it can often be a trap for us. Many people who feel they might have an anger problem actually have a pain problem; anger has simply become their habitual defense to protect their heart. God’s desire is to help us identify and receive healing in any area of pain, enabling us to come out from behind the defense of anger. Come learn the anatomy of anger, the cycle of anger, how to be free from the bondage to anger and how to live in peace.

**Freedom from Fear:** Did you know that one of the most common traps for us as believers is fear? Often we do not even know what we are afraid of. Fear is an attack against a specific aspect of God’s character. Come discover what God has done to help you be free to receive His love and His peace.

**Overcoming Life Patterns I:** Often the things which hold us back began early in our lives. Patterns begin which are hard to recognize but hold real power over our lives. This class examines how to recognize these patterns and the ways Jesus’ death and resurrection give us power to break free.

**Overcoming Life Patterns II:** Often the things which hold us back began early in our lives. Patterns begin which are hard to recognize but hold real power over our lives. This class examines how to recognize these patterns and the ways Jesus' death and resurrection give us power to break free.

**Inner Vows and Judgments:** The leanings of our heart direct what we do and how we perceive the world around us. Often the most damaging leanings come from vows and judgments we have made without realizing it. Learn how to recognize these vows and how God can set you free to experience Him and others in a new way.

**Generational Iniquity:** The Bible teaches us that the sins of the fathers are passed down from one generation to the next. How does this happen, and can we be set free from this trap? Come hear what the Bible teaches about being released from the power of the past.

**Forgiveness:** One of the most powerful weapons against us becoming like Jesus is bitterness and resentment. Holding on to bitterness causes damage to our hearts and distortions in our thoughts and perceptions. Jesus has made a way to be free and to be healed of the pain caused by sins committed against us. Come hear what the Bible teaches about this.

**Hurts and Traumas:** Emotional pain and traumatic experiences can cause confusion and make room for the influence of the Enemy. Can Jesus heal emotional pain as well as physical pain? What happens to us when we go through difficult experiences? Learn how to be free from the effects of painful life experiences.

**The Hidden Heart:** If truth sets us free, why do Bible believing people still struggle? Part of the mystery lies in understanding what may be hidden in your heart. Together, we'll learn how the heart can deceive us and how uncovering this mystery is the first step towards freedom.

**Overcoming the Enemy of Your Soul:** What does the Bible teach about demons and their influence in our lives? Come and learn this and how we can live victoriously as we become wise to the schemes of the Enemy.

**Faith for Continual Freedom:** What is the role of faith in continuing to walk out the freedom we receive? What is faith and how do we get more of it? This class takes an insightful look at how our faith interacts with God's provision to sustain us in our walk with Jesus.

**Appetite for the Eternal:** We're often deceived by our perception of reality. What is real, and what is eternal? This class helps us distinguish between those things that we hang onto that seem good, but are temporary, and those things which will never let us down. Come and discover what it means when Ecclesiastes states that eternity has been set in our hearts.

**Freedom from Rejection/God as Father:** Rejection is one of our core fears, therefore a consistent target of the Enemy of your soul. The Enemy targets this because one of God's greatest gifts to us is His complete acceptance. Come hear what the Bible says about this and learn how to fight on purpose to regain your rightful place in the family of God.

**God as Father:** Jesus regularly referred to God as "Father." This revelation of God is key to Jesus' restoration of our sonship. Since we are heirs with Christ, we also may relate to God as Father. The Enemy would prefer that we continue to relate to God as slaves, but the Bible makes it clear that God Himself wants to call us sons. Come and learn to take your rightful place in the family of God.

**Dying to Self:** In the kingdom of God, things are backwards from the ways we think. In order to receive, we must give away, and in order to be strong, we must be weak. Jesus also said that in order to have life, we must give ours away. This class examines this powerful truth in a practical and potent way.

**The Bondage of the Will:** An aspect of the human soul which can easily be misunderstood is the will. Common misunderstandings of the will can prolong our bondage and prevent the release that God has given us in Christ. Come and hear what the Bible has to tell us about our will and how it can work *for* us instead of *against* us.

**Closing the Door to the Occult:** Most people enter into areas of the occult quite naively because they possess so little knowledge of its dangers. Some read horoscopes while others stop by a fortune teller's booth at the local carnival. Many have innocently played with Ouija boards as a child. Occult involvement is forbidden by the Lord ([Deuteronomy 18:9-12, 14](#)). God's people are to receive their divine revelation by the Holy Spirit. This class is designed to teach you how Satan offers individuals counterfeit access to the spiritual realm and how to receive freedom from occult practices or false teaching and religions.

**Freedom from Idolatry:** Exodus 20:3 exhorts us, “You shall have no other gods before Me.” An idol is anything we give a higher priority to other than God Himself. Idols are those things that consume our time and attention. Come and learn how to identify the idols in your life, bring them to the cross, and give God His proper place in your heart and life. “Little Children, guard yourselves from idols.” 1 John 5:21 (NASB)

**Freedom from or (Living Without) Regret:** Regret is the past crippling the future. If a person is constantly reviewing the “what ifs” in their life, they will not move forward and embrace the future God has for them. Join us as we learn how to “forget those things which are behind” and “reach forward to those things which are ahead (Philippians 3:13–15).

**Spiritual Abuse:** When spiritual leaders use their authority to meet their own need for importance, spiritual gratification and power, believers can become entrapped in the system without realizing it. They may feel condemned, controlled, manipulated or shamed. Victims and abusers alike must learn to recognize and escape spiritual manipulation and false spiritual authority within the church. Join us as we examine this sensitive subject of spiritual abuse and resulting bondage to a believer.

**Soul Ties:** Soul ties are improper and unresolved emotional ties or connections between two individuals. These include (but are not limited to) pre-marital or extra-marital sex, controlling parents, siblings, mates, friendships, churches, organizations, etc. To experience freedom from unhealthy ties, they must be severed through forgiveness, repentance and release.

**Physical Healing:** According to Isaiah 53:5, Jesus made provision on the cross for our physical healing. God is a creative God and He heals our diseases in many different ways. Jesus prayed differently for each of the five blind people mentioned in the Gospels. He spit on one, made mud for another, spoke to the third, touched the fourth and cast a demon out of the fifth. Come explore with us the subject of divine healing and how it was prophesied through Christ’s atonement.

**Sexuality (Parts 1–3):** Understanding God’s design for our sexuality helps us understand how and why the Enemy opposes healthy and righteous sexual relationships. Like any snare from the Enemy, breaking free from impurity requires understanding the traps the Enemy has built and the way of escape provided by God. In this class, we’ll explore many dimensions of God’s design for gender and sexuality. Many of the common traps of the Enemy regarding misuses of sexuality will be addressed, as well as the spiritual roots of these struggles. Come learn how to re-direct your sexuality and your gender into a healthy and godly expression

**Overcoming Disappointment with God:** There are times in every life where things don’t turn out quite the way we hoped they would. Our prayers are not answered in the manner or the timing we thought they should be. We really thought we heard God speak, but we somehow must have missed it. Disappointment with God can grow in our hearts very subtly, undermining our intimacy with God, our faith and our hope for the future. In this class, we’ll explore the dangers of allowing disappointment with God to gain any foothold in our hearts, the method God has provided for overcoming disappointment, and the secret to moving forward in life with increasing faith.

**Freedom from Jealousy:** When one person has what another wants, the stage is set for jealousy. A “spirit of jealousy” can have the fruit of rage, hatred, contention, strife, division, competition, revenge and spite! This spirit can cause havoc in relationships, including marriage and family. The Enemy doesn’t want your home to be filled with peace, kindness, goodness and gentleness. Come join us as we discover the difference between spiritual warfare and works of the flesh. We’ll also distinguish between godly jealousy and ungodly jealousy. *“For you shall worship no other god, for the Lord, whose name is Jealous, is a jealous God.”* Exodus 34:14

**Freedom from Pride and Shame:** Pride and shame are two sides of the same coin. Each is an inappropriate focus on self. How do you balance the selflessness which Christ calls us to with the fullness of your identity in Christ? This class will help you learn God’s design for our emotions, how this plan has been distorted and how Christ’s work on the cross has provided for our release from poisonous pride and debilitating shame.

**Grief and Loss:** Whether you’ve gone through the loss of a loved one, experienced a tragedy or are simply attempting to deal with some of the other losses in life; this class is designed to help you recover and deal with the pain of the loss. Scripture tells us that *“Jesus wept.”* Although we as Christians do not mourn as those who have no hope, we do mourn nonetheless. Join us as we study together a healthy approach to grief and loss and learn to view it from God’s perspective.

**Practical Maintenance of Freedom:** So many times it is difficult to “walk in the Spirit” after we have been saved, healed and delivered. We will discuss specific steps that will keep you in intimacy with the Holy Spirit and will establish godly

character so that you can become the person God created you to be. These steps will empower your will to make godly choices resulting in a “walk” in freedom.

**Addictions:** Sometimes it’s an intimidating word, but at the core of many of our frustrations is a common human experience which drives powerful thoughts and feelings, as well as seemingly uncontrollable behavior. Addiction is a broad term which can cover multiple experiences. Come and learn what is at the root of these patterns of behavior and the keys to being set free.

**Freedom from Moral Impurity:** This class will begin by defining biblically what is meant by moral impurity and then looking closely at the present climate and culture of impurity. After comparing present conditions to some biblical events, we’ll spend time exploring practical solutions and how we can be healed and delivered from moral impurity in our personal lives.

**Father/Mother Wounds:** Both how we relate to God and our own sense of identity and worth are powerfully shaped by our experiences with our parents during the formative developmental stage of our life. Join us as we explore God’s plan to heal us, restore our identity and free us to respond fully to Him as the person He created and redeemed us to be.

**Co-Dependency:** Co-dependency is a word often used in the counseling world. Learn to recognize the pattern commonly referred to as co-dependency, and, more importantly, learn how becoming a new creation can overcome this destructive pattern and set you free.

**Boundaries:** Boundaries are the building blocks of a healthy soul and healthy relationships. Learn with us common traps, and how healthy spiritual development is connected to a healthy understanding and practice of boundaries.

**Spiritual Warfare in the Family (Parts 1–2):** Learn how family patterns and spiritual warfare are connected. We’ll examine corporate strongholds and how to tear them down in a family context. We’ll teach you how to intercede for your family and take your family to the next level.

**Toxic Thoughts:** According to medical research, 87% of illnesses that plague us today are the result of our thought life. What we think affects us emotionally and physically. In this class, you’ll learn how to detox your brain and rid yourself of all those toxic thoughts and the harmful emotions and stress levels they generate.


**Freedom from Religion:** Receive healing from the wounds of religiosity and find true religion. Religiosity idolizes outward expressions of godliness based on rules without regard to the heart of a person. Religiosity is arrogant and hypocritical leaving people feeling unworthy, wounded and confused. True religion stems from the heart and results in an authentic life of love.

**Freedom from Depression:** Depression is a deep sadness that affects over 10% of the American population. God never intended that we go through life with what the Bible refers to as a Spirit of Heaviness (Isaiah 61:3). Come join us as we learn practical and spiritual ways to exchange that heaviness for the joy and abundant life God wants for His children.

**From Victimization to Victory:** Are you stuck in a moment of trauma that is keeping you from experiencing victory in your life? What does God say to those who have been hurt by others? Learn how to rise above your circumstances and experience victory in your decisions and have hope for your future.

**Problem Jesus Came to Solve:** We often allow tradition to answer the question for us: “What problem did Jesus come to solve?” If we go directly to the Scriptures, we may be surprised as we really examine the problem that Adam and Eve set in motion. More than the surprise of re-examining traditions, we believe you’ll find this class to be extremely helpful in beginning to think differently about your journey and transformation as a child of God. Foundational to receiving the full power of Jesus’ ministry, we believe this class will transform your thinking and transform your life.

**Self Acceptance:** Join us as we discuss the value of having self-acceptance and the hindrances to achieving it. We will also study related biblical themes. Lastly, we’ll take a look at the false and true self and conclude with steps to self-acceptance.



**God's Original Design:** God originally designed us to be in perfect alignment with Him. This class will help you understand how we lost our alignment and how to be realigned through consecration (our part) and sanctification (HIS part).